

Instructions for the proper use of the Arborvitae Health and Wellbeing Supplement

Dear Customer

The *Arborvitae Health & Wellbeing Supplement* contains a potent combination of natural substances and is designed to assist the body to neutralise many of the negative health effects of today's lifestyle.

Arborvitae assists the body to rid itself of waste and toxins associated with bad eating habits, consumption of processed foods, smoking and drinking. Due to the powerful nature of the ingredients and the way they are combined, Arborvitae enters the bloodstream and immediately goes to work in many ways.

Arborvitae:

- Removes free radicals
- Introduces powerful anti-oxidants
- Helps manage cholesterol levels
- Helps maintain a healthy cardiovascular system
- Supports the health and function of the immune system and healthy eye function
- Has anti-inflammatory actions. (Inflammation is associated with many of today's chronic conditions such as Alzheimer's, Asthma, Coronary Heart Disease, Diabetes, IBS, Lupus)
- Helps normalise blood glucose levels in healthy individuals
- Contains Pycnogenol®, the Maritime Pine Bark extract supported by scientific evidence

The best way to take Arborvitae is as follows:

- For general wellbeing and higher energy levels: take 30ml per day each morning
- For chronic conditions: take 100ml per day - 50ml should be taken each morning and evening.

Place your Arborvitae bottles in the fridge after opening and shake well before use on each occasion.

NOTE: if you have a chronic condition such as diabetes, it is highly recommended that you have a blood test before commencing Arborvitae and a blood test when you have finished your bottles. Include all inflammation markers in your blood test. *Blood tests do not lie and are not subject to a placebo effect.* You will be able to determine for yourself the true benefits of Arborvitae.

If symptoms persist consult your healthcare practitioner.

We welcome feedback regarding your Arborvitae experience as well as any other benefits you have noticed. We also welcome your comments on our website (www.arborvitae.com.au) and our Facebook page (**Arborvitae Health and Wellbeing**).

Should you require any further information please contact us on **1300 879 863**.



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